

Appetizers

TASTING PLATE to share (2px, 4px, 6px)

\$ pl. Check with staff

GARLIC BREAD (1slice)

\$2.50

BRUSCHETTA

Toasted garlic bread, tomato, garlic, onion, basil, feta, olive oil

\$14.90

TURKISH BREAD with homemade dip

\$14.90

ARANCINI

Three cheese Arborio rice balls crumbed & fried, salad, tangy tomato sauce

\$14.90

TEMPURA CAULIFLOWER (V/VG)

Tossed in soya and sesame seeds served over bed of lettuce

\$19.90

CHILLI PRAWNS

Grilled prawns, cooked in tomato & chilli sauce, green salad

\$24.90

Main

SCOTCH FILLET (subject to market availability)

black angus scotch Fillet , garden salad, fries, pepper or mushroom sauce
(Add (3) creamy garlic prawns \$7.90)

\$42.90

FISH OF THE DAY

fresh fish topped with homemade tomato & pepper salsa, over royal blue mash, sauté vegetable

\$39.90

GRILLED FISH

lemon pepper marinated fish fillet, topped with homemade tomato & pepper salsa, royal blue mash, vegetable

\$34.90

FISH & CHIPS

Beer battered fish served with chips, salad, garlic aioli, lemon

\$29.90

MOROCCAN LAMB CHOPS

Moroccan spice marinated lamb chops served over mash potato and vegetable, finished with lamb jus

\$41.90

PORK FILLET SCALLOPINI

thin slices of pork fillet cooked in creamy mushroom sauce, fries, salad

\$29.90

STUFFED CHICKEN BREAST

Herbs & garlic marinated free range chicken breast stuffed with avocado and three cheese mix, herb risotto, vegetable & chicken jus

\$36.90

CHICKEN SURF & TURF

Grilled free range chicken breast over homemade potato rosti, vegetable, topped with creamy garlic prawns

\$36.90

GRILLED CHICKEN BREAST

Herbs & garlic marinated free range chicken breast, served with chips, salad & chicken jus

\$29.90

CHICKEN SCHNITZEL

Crumbed chicken, creamy mushroom sauce, fries & salad

\$29.90

CHICKEN PARMIGIANA

Crumbed chicken, homemade tomato basil sauce, cheese, fries & salad

\$29.90

CHICKEN PRAWN PARMIGIANA

Crumbed chicken breast, creamy sauce, grilled prawn, cheese, fries & salad

\$36.90

CHICKEN RED THAI CURRY

Chicken, Asian greens enhanced with Thai flavours, steamed rice

\$29.90

CHICKEN WOK

Diced chicken tossed in Asian greens, egg noodles

\$29.90

GARLIC PRAWNS

Cooked in creamy garlic sauce, steamed rice

\$38.90

POTATO GNOCCHI (GF)*

Handmade gnocchi tossed in creamy pesto sauce, spinach, mushrooms and cherry tomato

\$32.90

SPINACH AND RICOTTA RAVIOLI (GF)*

Handmade ravioli, spinach, homemade cherry tomato sauce, parmesan, olive oil

\$32.90

PENNE CARBONARA

Penne pasta, chicken, bacon, cream, parmesan cheese

\$29.90

PENNE BROCCOLETTI (V)

Penne pasta, broccoli, creamy pesto sauce, parmesan cheese, virgin olive oil base

\$29.90

SEAFOOD SPAGHETTI MARINARA

Seafood cooked in tomato sauce, olive oil, parmesan cheese

\$36.90

SPAGHETTI BOLOGNESE

Spaghetti, beef Bolognese sauce, cheese, parsley olive oil

\$29.90

SPAGHETTI NAPOLETANA (V)

Homemade tomato sauce, parmesan cheese, extra virgin olive oil

\$26.90

MUSHROOM RISOTTO (V)

Arborio rice, mushrooms, parmesan cheese

\$29.90

CURRIED TOFU (V/VG/GF)*

Organic tofu cooked in curry sauce, basmati rice, pappadams

\$29.90

BUTTER CHICKEN (GF)*

Traditional Indian butter chicken, basmati rice, pappadams

\$31.90

BEEF ROGAN JOSH (GF)* Mild

Traditional Indian beef rogan josh , basmati rice, pappadams

\$31.90

Kids Menu

(Kids only, under 12y.o.)

CHICKEN NUGGETS & CHIPS

\$16.90

FISH & CHIPS

\$16.90

SPAGHETTI BOLOGNESE

\$16.90

BUTTER CHICKEN with rice

\$16.90

All kids meals are served with vanilla ice-cream

SIDE ORDERS

Steamed vegetable

\$9.90

Mash potato

\$9.90

Garden salad

\$9.90

Fries

\$9.90

*Please note that while we will endeavour to accommodate special requests due to food allergies, we cannot guarantee completely allergy free meals. This is due to the potential of trace allergens in the working environment and supplied ingredients. We offer Gluten Free meals, however our premises are not Gluten Free.

Desserts

GLUTEN FREE CAKES available, please check our cake-display fridge

STICKY DATE PUDDING \$14.90

Warm pudding creamy butterscotch sauce, vanilla ice-cream

CHOCOLATE CAKE (GF) \$14.90

Warm double chocolate cake, chocolate sauce, vanilla ice-cream

CRÈME BRULEE \$9.90

Homemade, gluten free

ICE-CREAM SUNDAE \$9.90

Vanilla ice cream, chocolate or strawberry sauce, cream, roasted nuts

BANANA SPLIT \$12.90

Banana, vanilla ice-cream, chocolate & strawberry sauce, roasted nuts, cream

Drinks

Freshly squeezed fruit and veg juices (check variety with staff)

Mango Smoothie (homemade) \$9.90

Lemon Lime & Bitters \$6.90

Lemonade \$5.90

Coca Cola/zero \$5.90

Juices: (orange/apple/mango) \$5.90

Milkshakes: (str/choc/spearmint/banana/vanilla/caramel) \$8.90

Ginger Beer \$6.90

Spider \$9.90

Perrier water \$6.90

Sparkling water (750 ml) \$9.90

Jug of Lemon Lime & Bitters \$21.90

Jug of soft drink \$18.00

Coconut Water \$6.90

Coffee/ Tea

Babyccino \$2.50

Cappuccino/ Flat white \$5.00

long black \$5.00

Latte \$5.50

Chai Latte \$5.50

Turmeric Latte \$5.90

Matcha Latte \$5.90

Hot Chocolate \$5.50

Long Macchiato \$5.50

Short Macchiato \$5.00

Short espresso \$4.50

Double espresso \$5.00

Mocha \$5.90

ADD \$1.00 FOR MUG

Fresh Sticky Chai \$6.90

Fresh Ginger, lemon, honey Tea \$6.50

English Breakfast Tea \$5.50

100% organic Tea \$5.50

Peppermint/ Chamomile/ Green/ Earl Gray

Affogato \$7.90

Iced Long Black \$5.90

Iced Latte \$5.90

Iced Coffee (w ice-cr) \$7.90

Iced Chocolate \$7.90

Iced Mocha \$8.50

Matcha drinks:

Iced Matcha \$6.90

Iced Mango Matcha \$7.90

Iced Strawberry Matcha \$7.90

Syrups/ decaf coffee \$0.60

Caramel/vanilla/hazelnut/honey

Alternative milk: S \$0.80

almond/oat/soy/ L free L \$1.00



Flames Menu



RESTAURANT



Dinner menu



BYO alcohol only, Corkage charges apply \$1.90p.p.
Our food contains nuts or traces of nuts, so please let us know if
you have any food allergies

(NO SOFT DRINKS BYO)
We allow your own cake on your special occasion where \$1.90p.p. charges
will apply