

MEAT CURRIES

Butter Chicken

Cooked in creamy tomato sauce

\$19.90

Chicken Korma

Cooked in creamy cashew nuts gravy

\$19.90

Chicken Masala

Cooked in masala gravy

\$19.90

Beef Vindaloo

\$19.90

Beef Rogan Josh

\$19.90

Beef Korma

\$19.90



SEAFOOD CURRIES

Prawn Vindaloo

\$24.90

Prawn Korma

\$24.90

Prawn Masala

\$24.90

RICE

Basmati Rice

\$4.90

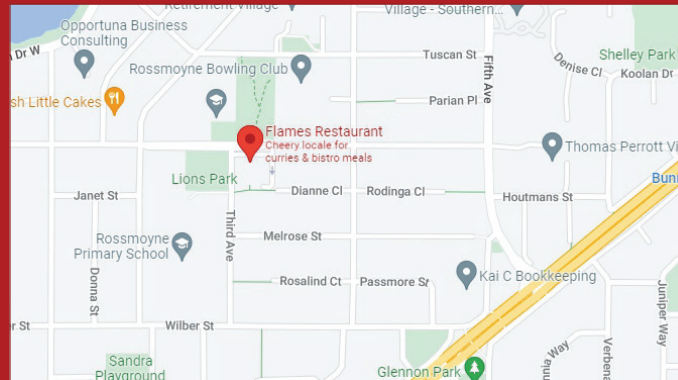
Papadams (1pc)

\$0.50

Egg Fried Rice

Rice, egg, vegetable, soy sauce

\$14.90



SEE OUR WEBSITE FOR MENUS
www.flamesrestaurant.com.au

Make Your Booking for

PRIVATE FUNCTIONS, WEDDINGS,
BIRTHDAYS, SPECIAL OCCASIONS



Please note that while we will endeavour to accommodate special requests due to food allergies, we cannot guarantee, completely allergy free meals. This is due to the potential of trace allergens in the working environment and supplied ingredients.



MENU

SET MENUS AVAILABLE ALL YOUR CATERING NEEDS

(08) 9259 5555

OPENING HOURS:

Monday - CLOSED

Breakfast & Lunch

7am - 2pm

Tuesday - Sunday

Dinner

5pm - 8:30pm

Wednesday - Saturday

7/55 Central Rd, Rossmoyne
WA 6148, Australia

**Specials are available every day
please check with staff when ordering**

Our food contains nuts or traces of nuts,
so please let us know if you have any food allergies.

BREAKFAST

EGGS ON TOAST

\$14.00

AVO-MASH

\$21.90

Smashed avocado, 2 poached free range eggs, crumbled feta, radish, beetroot hummus, cherry tomato, greens & sourdough

BENEDICT

\$21.90

2 poached free range eggs, grilled bacon, greens, radish, hollandaise sauce, sweet paprika & sourdough

CHEESE OMELETTE

\$19.90

Three cheese omelette, sourdough

SMOKED SALMON DELIGHT

\$26.90

2 poached free range eggs, smoked salmon, radish, avocado, hollandaise sauce, sweet paprika, cherry tomato, toasted sourdough

BIG BREAKFAST (vegetarian option available) **\$26.90**

2 fried free range eggs, toasted sourdough, bacon, mushrooms, grilled sausages, homemade hash brown, grilled tomato

COCONUT TURMERIC TOFU (Vegan) **\$19.90**

Turmeric, ginger, onion, tofu, mushrooms, tomato, greens & sourdough

PORRIDGE POT

\$19.90

Rolled wholemeal oats cooked in milk, seasonal fruit, honey, roasted nuts

GRANOLA BOWL

\$19.90

Oven roasted nuts, seeds, coconut, dry fruit, fresh seasonal fruit, yoghurt, drizzled with honey

BUTTERMILK PANCAKES

\$19.90

Maple syrup, seasonal fruit, cream

ENTREE

Garlic bread (slice)

\$1.90

Turkish Bread

\$14.90

With homemade dip

Arancini Balls (10pc)

\$14.90

Garlic Prawns with Rice

\$19.90

Grilled prawns cooked in creamy garlic sauce

Tempura Cauliflower (V/VG)

Tossed in soya and sesame seeds

\$19.90

Chicken Caesar Salad

Chicken, bacon, cheese, lettuce, Caesar dressing, parmesan cheese

\$19.90

LUNCH

Chicken & Avocado Wrap

Chicken, avocado, salad, garlic aioli, chips

\$19.90

BLT

Bacon, lettuce, tomato, tomato relish, garlic aioli, chips

\$19.90

Beef Burger

lettuce, tomato, garlic aioli, cheese, chips (add bacon & egg \$5.00)

\$19.90

Steak Sandwich

Marinated grilled beef, onions, tomatoes, garlic aioli, tomato relish, chips

\$24.90

LUNCH OR DINNER

Gluten Free Pasta

Available, please check with the staff

Fish & Chips

Beer battered fish, chips, garlic aioli

\$19.90

Penne Carbonara

Chicken, bacon, cream sauce

\$19.90

Penne Broccoletti (V)

Broccoli, olives, fetta cheese, virgin olive oil base

\$19.90

Spaghetti Napoletana (V)

Homemade tomato sauce, parmesan cheese, herbs, extra virgin olive oil

\$19.90

Spaghetti Bolognese

\$19.90

Mushroom Risotto (V)

\$22.90

Chicken Wok

\$19.90

Prawn Wok

\$24.90

Chicken Red Thai Curry

\$19.90

Chicken Parmigiana

Mash potatoes, steamed vegetables

\$22.90

Chicken Prawn Parmigiana

Creamy sauce, grilled prawn, cheese, mash, steamed vegetable

\$29.90

Chicken Schnitzel

Mash potatoes, steamed vegetable, creamy mushroom sauce

\$22.90

Grilled Chicken Breast

Mash potatoes, steamed vegetables

\$22.90

Pork Fillet Scallopine

Creamy mushroom sauce, mash potatoes, steamed vegetable

\$22.90

Scotch Fillet

Mash potatoes, steamed veg, red with jus

\$39.90

Surf & Turf

Creamy garlic prawns, mash potatoes, steamed veg, red wine jus

\$44.90

Fish of the Day

Mash potatoes, steamed veg, butter sauce

\$39.90

Grilled Fish

Mash potatoes, steamed veg, butter sauce

\$29.90

Moroccan Lamb Chops

Mash potatoes, steamed veg, jus

\$39.90

VEGETARIAN CURRIES

Curried Tofu (V/VG/GF)

Organic tofu cooked in curry sauce

\$19.90

Dhal of the day

Please check for availability
Indian lentils cooked with spices & herbs

\$19.90

Allo Gobi

Potatoes & cauliflower cooked in onion tomato gravy and Indian spices

\$19.90

Tofu Korma

Tofu cooked in creamy cashew nuts gravy

\$19.90